



Shri Santan Pal Singh Ayurvedic Medical College & Hospital Mirzapur, Shahjahanpur (U.P.) 242221

Time Table as per NCISM for B.A.M.S. 1st Prof. (Sr) Batch (2024)

Period Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00 to 10:00	Rachna Sharir (LH) Dr. Gyanendra Singh Assistant Professor	Rachna Sharir (LH) Dr. Gyanendra Singh Assistant Professor	Samhita Adhyayan (LH) Dr. SEENA K Associate Professor	Samhita Adhyayan (NLH) Dr. SEENA K Associate Professor	Sanskrit (NLH) Mr. Navneet Kumar Assistant Professor	Padarth Vigyan (LH) Dr. Deepak Yadav Assistant Professor
10:00 to 11:00	Kriya Sharir (LH) Dr. Arun Kumar Awasthi Assistant Professor	Padarth Vigyan (LH) Dr. Deepak Yadav Assistant Professor	Rachna Sharir (NLH) Dr. Gyanendra Singh Assistant Professor	Rachna Sharir (LH) Dr. Gyanendra Singh Assistant Professor	Kriya Sharir (LH) Dr. Prachi Pradeep Mehta Associate Professor	Kriya Sharir (NLH) Dr. Arun Kumar Awasthi Assistant Professor
11:00 to 11:10	10-minute Interval					
11:10 to 12:00	Sanskrit (NLH) Mr. Navneet Kumar Assistant Professor	Sanskrit (LH) Mr. Navneet Kumar Assistant Professor	Sanskrit (LH) Mr. Navneet Kumar Assistant Professor	Padarth Vigyan (LH) Dr. Deepak Yadav Assistant Professor	Rachna Sharir (LH) Dr. Gyanendra Singh Assistant Professor	Samhita Adhyayan (LH) Dr. Pallavi Saxena Assistant Professor
12:00 to 01:00	Samhita Adhyayan (LH) Dr. Pallavi Saxena Assistant Professor	Kriya Sharir (LH) Dr. Sanjay Yadav Assistant Professor	Kriya Sharir (LH) Dr. Sanjay Yadav Assistant Professor	Kriya Sharir (LH) Dr. Arun Kumar Awasthi Assistant Professor	Padarth Vigyan (NLH) Dr. Deepak Yadav Assistant Professor	Rachna Sharir (NLH) Dr. Gyanendra Singh Assistant Professor
01:00 to 02:00	LUNCH BREAK					
02:00 to 04:00	Kriya Sharir (NLH) Dr. Sanjay Yadav Assistant Professor	Kriya Sharir (NLH) Dr. Arun Kumar Awasthi Assistant Professor	Library (02:00 to 03:00) Ayurveda ka Itihaas (LH) Dr. Deepak Yadav Assistant Professor (03:00 to 04:00)	Rachna Sharir (NLH) Dr. Honey S R Prasad Professor	Rachna Sharir (NLH) Dr. Honey S R Prasad Professor	Rachna Sharir (NLH) Dr. Honey S R Prasad Professor

Note: -1. Lecture Hours (LH), Non-Lecture Hours (NLH)

2. If classes are not conducted regularly as per the official timetable, or if a designated faculty member is found to be consistently absent, students are encouraged to report the matter. Please submit your grievance to president.marbism@ncismindia.org, including your Full Name and Enrollment/Roll Number. (Rest assured the identity of the complainant and the details of the report will be kept strictly confidential).

- Copy to:-
1. Chairman Sir
 2. All H.O.D. Department
 3. Administrative Officer
 4. Class Room
 5. College Notice Board
 6. Boys & Girls Hostel, Notic Board
 7. NCISM
 8. MGGAU


Principal
 Shri Santan pal Singh Ayurvedic
 Medical College & Hospital
 Mirzapur, Shahjahanpur (U.P.)